

Richard J. Restifo, MD
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Plastic and Reconstructive Surgery

LIPOSUCTION

Postoperative Instructions:

- Please call our office at (203) 772-1444 to schedule a postoperative visit if you have not already done so.
- Keep pressure dressings in place until you are seen in the office. Do not get dressings wet. Tub or sponge bathe only. You will be able to shower after dressings are removed.
- You will wear a compressive garment for six weeks following surgery.
- You have been prescribed the following medications:
 - _____ . Take _____ tablet(s) by mouth every _____ hours as needed for **pain**.
 - _____ . Take _____ tablet(s) by mouth _____ times a day until finished. This is your **antibiotic**.
- Avoid Aspirin, Ibuprofen, Advil, Motrin, Naprosyn, Aleve, Celebrex and Vitamin E for one week following surgery.
- No heavy lifting > 5 pounds, pulling, or pushing for one month. We encourage you to walk as early as the day of surgery. No high impact aerobic exercise for 4 weeks.
- No driving for a *minimum* of one week.
- Other: _____

- Please call the office at (203) 772-1444 if there are any problems or questions following surgery.